*Volejbols*

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Nr.  p.k | Trenera vārds,uzvārds | St. skaits  grupa | PIRMDIENA | OTRDIENA | TREŠDIENA | CETURTDIENA | PIEKDIENA | SESTDIENA | SVĒTDIENA |
| 1. | **Bērziņš S.** | Nr.3 – volejbols  7 |  | 14.50-17.10  Sporta skola |  | 14.50-17.10  Sporta skola |  |  |  |

*VFS - Sporta ABC*

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Nr.  p.k | Trenera vārds,uzvārds | St. skaits | PIRMDIENA | OTRDIENA | TREŠDIENA | CETURTDIENA | PIEKDIENA | SESTDIENA | SVĒTDIENA |
| 1. | **Medvedeva I.** | Nr.9-Sporta ABC  7 |  | 13.00-15.20 |  |  |  | 16.00-18.20 |  |

*VFS – ar vieglatlētikas elementiem*

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Nr.  p.k | Trenera vārds,uzvārds | St. skaits | PIRMDIENA | OTRDIENA | TREŠDIENA | CETURTDIENA | PIEKDIENA | SESTDIENA | SVĒTDIENA |
| 1. | **Titovs P.** | Nr.9- VFS ar vieglatlētikas elementiem  6 |  |  | 16.30-18.30 |  | 15.00-17.00 |  |  |

***Estētiskā vingrošana***

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Nr.  p.k | Trenera vārds,uzvārds | St. skaits  grupa | PIRMDIENA | OTRDIENA | TREŠDIENA | CETURTDIENA | PIEKDIENA | SESTDIENA | SVĒTDIENA |
| 1. | **Demčenko N.** | Nr.7- estētiskā vingrošana  4 |  |  |  | 17.00- 18.20  Sporta skola |  | 17.00- 18.20  Sporta skola |  |

*Regbijs*

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Nr.p.k | Trenera vārds, uzvārds | Grupa  St.sk. | PIRMDIENA | OTRDIENA | TREŠDIENA | CETURTDIENA | PIEKDIENA | SESTDIENA | SVĒTDIENA |
| 1. | **Voroņins O.** | Nr.18-regbijs  10 |  | 18.40-21.00 |  | 18.40-21.00 |  | 15.00-16.20 |  |

*Ritmika ar vispārattīstošiem un koriģējošās vingrošanas elementiem*

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Nr.p.k | Trenera vārds, uzvārds | Grupa  St.sk. | PIRMDIENA | OTRDIENA | TREŠDIENA | CETURTDIENA | PIEKDIENA | SESTDIENA |  |
| 1. | **Maculeviča N.** | Nr.6-ritmika  6 |  | 9.00-11.00  Sporta skola |  | 12.30-14.30  Sporta skola |  |  |  |
| 2. | **Maculeviča N.** | Nr.2-ritmika  4 |  | 15.10-16.30  Mežmalas |  | 15.10-16.30  Mežmalas |  |  |  |

*Peldēšana*

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Nr.p.k | Trenera vārds, uzvārds | Grupa  St.sk. | PIRMDIENA | OTRDIENA | TREŠDIENA | CETURTD. | PIEKDIENA | SESTDIENA | SVĒTDIENA |
| 1. | **Gosa S.** | Nr.20-peldēšana  2 | 10.00-10.40 |  | 10.00-10.40 |  |  |  |  |
| 2. | **Gosa S.** | Nr.21-peldēšana  2 | 9.20-10.00 |  | 9.20-10.00 |  |  |  |  |
| 3. | **Usovs L.** | Nr.22-peldēšana | 16.00-16.40 |  | 16.00-16.40 |  |  |  |  |
| 4. | **Usovs L.** | Nr.23-peldēšana  2 |  | 18.40-19.20 |  |  |  | 13.00-13.40 |  |
| 5. | **Usovs L.** | Nr.24-peldēšana  2 |  |  |  | 16.00-16.40 |  | 14.20-15.00 |  |
| 6. | **Gosa S.** | Nr.25-peldēšana  2 | 13.20-14.00 |  |  |  | 12.00-12.40 |  |  |
| 7. | **Gosa S.** | Nr.26-peldēšana  2 | 12.40-13.20 |  | 12.40-13.20 |  |  |  |  |
| 8. | **Gosa S.** | Nr.27-peldēšana  2 | 12.00-12.40 |  | 12.00-12.40 |  |  |  |  |
| 9. | **Gosa S.** | Nr.28-peldēšana  2 |  | 12.40-13.20 |  | 12.40-13.20 |  |  |  |
| 10. | **Gosa S.** | Nr.29-peldēšana  2 |  | 13.20-14.00 |  | 13.20-14.00 |  |  |  |
| 11. | **Otroško M.** | Nr.30-peldēšana  2 |  |  |  | 18.40-19.20 |  | 09.00-9.40 |  |
| 12. | **Boitmane I.** | Nr.31 – peldēšana  2 |  |  |  | 9.00-10.20 |  |  |  |
| 13. | **Boitmane I.** | Nr.32 – peldēšana  2 |  |  |  | 10.20-11.40 |  |  |  |
| 14. | **Usovs L.** | Nr.33-peldēšana  2 |  |  | 18.40-19.20 | 17.20-18.00 |  |  |  |
| 15. | **Gosa S.** | Nr.34-peldēšana  3 | 14.00-14.40 |  | 14.00-14.40 |  | 13.20-14.00 |  |  |
| 16. | **Kulmanakova N.** | Nr.35-peldēšana  4 | 15.00-16.20 |  | 15.00-15.40 |  | 15.00-15.40 |  |  |
| 17. | **Otroško M.** | Nr.36-peldēšana  3 |  | 16.40-17.20 | 17.20-18.00 |  | 17.20-18.00 |  |  |
| 18. | **Otroško M.** | Nr.37-peldēšana  3 | 14.40-15.20 |  | 15.20-16.00 |  | 16.00-16.40 |  |  |
| 19. | **Otroško M.** | Nr.38-peldēšana  2 |  | 18.40-17.20 |  |  |  | 13.40-14.20 |  |
| 20. | **Usovs L.** | Nr.39-peldēšana  2 |  |  | 16.40-17.20 |  |  | 13.40-14.20 |  |
| 21. | **Kulmanakova N.** | Nr.40-peld.  3 | 14.00-14.40  „Belorusija” |  |  |  | 15.40-17.00 |  |  |
| 22. | **Kulmanakova N.** | Nr.41-peldēšana  3 |  | 15.00-16.20 |  | 17.00-17.40 |  |  |  |
| 23. | **Kulmanakova N.** | Nr.42-peldēšana  3 |  |  |  | 15.40-17.00 |  | 11.00-11.40 |  |
| 24. | **Kulmanakova N.** | Nr.43-peldēšana  3 |  |  | 15.00-16.20 |  |  | 14.20-15.00 |  |
| 25. | **Kudrjašovs N.** | Nr.44-peldēšana  2 | 19.20-20.00 |  |  | 19.20-20.00 |  |  |  |
| 26. | **Usovs L.** | Nr.45-peldēšana  3 | 19.20-20.00 |  | 20.00-20.40 |  | 20.00-20.40 |  |  |
| 27. | **Usovs L.** | Nr.46-peldēšana  3 | 18.00-18.40 | 18.00-18.40 |  |  | 18.00-18.40 |  |  |
| 28. | **Usovs L.** | Nr.47-peldēšana  3 | 17.20-18.00 |  |  | 18.00-18.40 |  | 11.00-11.40 |  |
| 29. | **Vidricka T.** | Nr.48-peldēšana  4 | 19.20-20.40 |  |  |  |  | 09.00-10.20 |  |
| 30. | **Otroško M.** | Nr.49 peldēšana  3 | 19.20-20.00 | 19.20-20.00 |  | 19.20-20.00 |  |  |  |
| 31. | **Vidricka T.** | Nr.50-peldēšana  2 | 18.40-19.20 |  | 18.00-18.40 |  |  |  |  |